



Regular Meeting Minutes
Municipality of Thames Centre
Active Living Centre Advisory Committee

January 24, 2025, 9:00 A.M.
Active Living Centre, 2066 Dorchester Road, Dorchester

Members Present: J. Kemp, Community Representative
J. Bugo, Community Representative
R. Chowen, Community Representative
N. Kell, Community Representative

Members Absent: A. Bruyn, Community Representative
E. Tupholme, Community Representative

Staff Present: L. Heuving, Active Living Assistant

1. Call to Order

The meeting was called to order at 9:00 a.m.

2. Approval of Agenda

Resolution # TCALCAC-001-25

Moved by: N. Kell

Seconded by: J. Bugo

THAT the Friday, January 24, 2025 Regular Meeting Agenda of the Active Living Centre Advisory Committee **BE APPROVED** as presented.

Carried.

3. Disclosure of Pecuniary Interest

There were no disclosures of pecuniary interest.

4. Previous Minutes

Resolution # TCALCAC-002-25

Moved by: J. Bugo

Seconded by: N. Kell

THAT the minutes of the Active Living Centre Advisory Committee Regular Meeting on Friday, October 25, 2024 **BE RECEIVED.**

Carried.

5. Reports of Staff

5.1 Activity Report

On K. Gress' behalf, L. Heuving reported that the Christmas Bazaar was very successful with many vendors and hundreds of shoppers.

The latest hot meals were well received and well attended.

L. Heuving reported that the bus trips have been frequently selling out and are a great outing for many.

L. Heuving reported that the new footcare clinic nurses have been doing a wonderful job and have received many positive comments.

The Committee discussed bus trips and potential future trip ideas, including looking at destinations closer to Dorchester for folks who find longer distances to be challenging on the coach bus, such as The Grande Theatre and Canada Life Place.

The Committee discussed comparing participation levels to previous quarters and using previous activity reports as an indicator to compare.

Resolution # TCALCAC-003-25

Moved by: N. Kell

Seconded by: J. Bugo

RESOLVED THAT the Activity Report **BE ACCEPTED** as presented.

Carried.

5.2 Potential Committee Member Appointments

The Committee discussed the process of allocating new members to make the committee full.

6. Committee Business

The Committee discussed the committee's page on the municipal website and that it should be updated to reflect the current committee members. Staff will correct this.

L. Heuving reported that the bid euchre tournament scheduled for January 31st, is rescheduled to March 28th. New guidelines have been outlined to ensure the smooth operation of this event.

The Committee expressed concern that the Thorndale Active Living programs such as Floor Kurling and Shuffleboard have not been well attended.

The Committee expressed concern there is no permanent Active Living Centre staff member in Thorndale, though residents are still able to receive help three days a week from the Thorndale Customer Service Clerk.

7. Correspondence – No items.

8. Unfinished Business

The Committee discussed the Active Living Centre newsletter and schedule of meetings.

The Committee discussed the upcoming first aid course scheduled for Monday, January 27th, with over ten participants registered.

The Committee discussed an upcoming gnocchi-making class tentatively scheduled for February.

The Committee discussed the women's coffee hour group.

9. New Business – No items.

10. Scheduling of Meetings

Friday, April 25, 2025 at 9:00 a.m.

11. Adjournment

Resolution # TCALCAC-004-25

Moved by: R. Chowen

Seconded by: J. Bugo

RESOLVED THAT the meeting adjourn at 10:05 a.m.

Carried.