



LIONS ACTIVE LIVING CENTRE

QUARTER REPORT

PERIOD: July - September

YEAR: 2024

RECOMMENDATION:

THAT the Lions Active Living Centre 3rd Quarter Report **BE RECEIVED** for information.

ACTIVITIES:

1. STATISTICS

- (A) **Membership for 2024 so far– 625**
 - (B) **Membership for 2023 - 485**
 - (C) **Membership for 2022 – 455**
 - (D) **Memberships for 2021 - 358**
- Sign in July, August and September includes in-person seniors' programs – 10, 900 – Sign ins do not include Zoom or WOW programs.**

2. WOW, ZOOM and IN-PERSON PROGRAMS

- Acrylic and Watercolours Painting Lessons – 3-week painting sessions in Thorndale and Dorchester with local artist Susan Hewitt Graham. Running a watercolours class in October.
- Advisory Committee Meeting: Our next meeting is scheduled for October 25th at 9 a.m. at the Thorndale Lions Community Centre.
- AppleFest Hot Meal – was a huge success in our new facility!
- “Art Your Service” – Senior Centre is subscribing to this service so our members can access virtual programs that augment what we are already offering. There are a variety of programs available including exercise, art, socials etc. There are 65 members taking advantage of these virtual programs.
- Beef BBQ – July 18th canceled.
- Bid Euchre Tournaments – Hosting all-day tournaments in months with 5 Fridays. Lunch is included at these events. Great fund raisers for the Active Living Centre. We are running a tourney on September 27th and we are expecting 100 participants. This tourney was supposed to be in August but we delayed it so it could take place in the new Lions Active Living Centre.
- BINGO WOW Program – Running a BINGO once a week using the teleconferencing system. No prizes. Just for fun & bragging rights. BINGO

cards delivered to senior's homes. An average of 5 – 10 participants weekly. Many isolated seniors have been taking part, so we plan to continue this program.

- Book Club Program – running a book club once a month.
- Books & Puzzles – many seniors drop by the centre to pick out a selection of books & puzzles, especially during the winter months.
- Bus Trips – The bus trips have been very popular. “Duc d’ Orleans”, “Shane Cook & the Woodchippers – Walters Family Venue” were very well received. Upcoming trips include: “Fall Colours Mystery Tour”, “Birch Run/Frankenmuth”, and “Merry & Bright Christmas Show”. All sold out.
- Carpet Bowling – trying to revive this program.
- Chainmail Jewelry Making – running a 3-week series in October.
- Chair Yoga – classes run twice a week in Dorchester and twice a week in Thorndale. The class in Dorchester has doubled in size since moving into the new space.
- Choir Practice – practices every Friday afternoon.
- Coffee Hour for Men/Women – every Wednesday in Thorndale from 10 a.m. – 11 a.m. Very well attended.
- Corn Fest Lunch – August 15th was a success!
- Craft Classes with Susan Deibler are held a few times each month.
- Craft Workshops – a group of volunteers gathered every other month to make table favours for the hot meal.
- Crafter’s Corner – Once a month workshop. At the workshop in September the group painted “Fallin’ for Coffee” painting.
- Creative Age Art Group – In the process of planning/sketching a large mural for the VON to hang in their new space.
- DrumFit Classes – 18 – 20 participants attend weekly.
- Foot Care Clinics – Nurses who have run the monthly clinics are retiring but they have found a group of nurses to take over the clinics. We are very pleased to be able to continue to offer this excellent service for seniors.
- Euchre/Bid Euchre – bid euchre group play cards Wednesday evenings and the group in Thorndale play euchre on Tuesday afternoons. The 433 Donnybrook Seniors Euchre group play Thursday afternoons.
- Fondant Cake Decorating – one day session coming up in October.
- Gentle Yoga – run classes twice a week in Dorchester and twice a week in Thorndale.
- Grand Opening – excellent turnout! It was a great day including speeches, ribbon cutting, tours, hot dogs, baked goods along with hot & cold drinks.
- Guitar Lessons – There are 6 participants in the current session.
- Kite Flyers – There are 6 participants in the group.
- Kurling – Will begin on October 15th.
- Hot Meals – meals are prepared in the brand-new kitchen and everyone congregates in the Lions Community Hall. It is so great to have an amazing kitchen and huge bright room to run these events.
- Line Dancing – once a week in Dorchester attend by 18 - 20 and in Thorndale it is a smaller group.

- Magic Wig Making – Make Disney themed wigs for children with cancer.
- Mahjong Lessons – Mahjong every Wednesday morning for experienced players and lessons for beginners run in 6-week sessions. Volunteer instructor.
- Movie Afternoons – Feature presentation in July was “One Love” and “Ordinary Angels” in August and in September the movie was “The Switch”.
- DanceFit – runs twice a week in Dorchester with a good turnout.
- Pickleball for Seniors – The Thorndale and Dorchester time slots, in the gyms, for Seniors Pickleball are very well attended.
- Pilates – twice a week in Dorchester.
- Pole Walking – Self directed class. Offer instruction when needed for new participants.
- Senior of the Year Presentation – Willy Rooyakkers was awarded her certificate at the council meeting on July 15th.
- Shuffleboard – run this popular program twice a week in Dorchester and once a week in Thorndale.
- Stitch and Chatter – meet once a week to quilt, knit, crochet etc.
- Tech Help with Dan Parker – running a 6-week class in Dorchester and we have the maximum registrations.
- Women’s Drumming Circle – held twice a month.
- Zumba – held once a week in Dorchester

3. RENTALS AT THE LIONS ACTIVE LIVING CENTRE

The Dorchester Lions Club, the Historic Automobile Club and other groups book the rooms for their meetings. There have already been several private rental bookings for the new rooms.

3. UPCOMING BUS TRIPS

- Fall Colours Mystery Tour – October 17th
- Frankenmuth & Birch Run – November 19th
- “Merry & Bright” Christmas Show – December 10th

4. UPCOMING EVENTS

- Thanksgiving Hot Meal – October 11th
- Movie Afternoon “Last Laugh” – October 15th
- Witches Dance & PJ Party for Charity – October 31st
- WinterFest Hot Meal – November 8th
- Fall/Christmas Bazaar – November 16th

6. SENIOR CENTRE RENOVATION/EXPANSION

We moved into the new Lions Active Living Centre. It is a beautiful, bright and spacious facility that can house all the programs and events that we offer.

STRATEGIC PLAN LINK:

Pillar: *Active Living*

Goal: *Increase the accessibility and programing of recreational services, especially to community youth and seniors*

Prepared by: Karen Gress, Active Living Coordinator

Reviewed by: S. MacDonald, Director of Community Services & Facilities

Reviewed by: D.Barrick, Chief Administrative Officer